

Sunday

- 7:00 a.m. **Up For Sobriety (SSTT, O, HC)**
Tri-City Alano Club
102 E Kennewick, Kennewick
- 8:00 a.m. **Into Action (C)**
Richland Group Fellowship Hall
1924 Saint, Richland
- 9:00 a.m. **Came to Believe (C, HC)**
Tri-City Alano Club
102 E Kennewick Kennewick
- 11:00 a.m. **Sunday Winners (O, HC)**
Tri-City Alano Club
102 E Kennewick Kennewick
- Noon **Richland Nooners (O)**
Richland Group Fellowship Hall
1924 Saint Richland
- 3:00 p.m. **RFG Womens Meeting (Women Only) (O)**
Richland Group Fellowship Hall
1924 Saint Richland
- 6:00 p.m. **Promises (O, HC)**
Tri-City Alano Club
102 E Kennewick Kennewick
- 7:00 p.m. **Richland Group Fellowship Hall (O)**
1924 Saint Richland
- 7:00 p.m. **Sunday No-Name (O)**
7th Day Adventist Church
605 N Rd 36 & Sylvester, Pasco
- 7:00 p.m. **Chapter 5 (C)** BN Last Sunday
St Paul's Episcopal Church
1609 W 10th Ave Kennewick
- 7:30 p.m. **SOS (O, HC)**
Tri-City Alano Club
102 E Kennewick Kennewick
- 10:00 p.m. **Last Call for Serenity (O)**
Tri-City Alano Club
102 E Kennewick

Monday

- 7:00 a.m. **Up For Sobriety (O, HC)**
Tri-City Alano Club
102 E Kennewick Kennewick
- 8:30 a.m. **Early Birds (C, HC)**
Tri-City Alano Club
102 E Kennewick Kennewick
- 8:30 a.m. **For This Day (O)**
Richland Group Fellowship Hall
1924 Saint Richland
- Noon **Kennewick Nooners (O, HC)**
Tri-City Alano Club
102 E Kennewick Kennewick
- Noon **Richland Nooners (O)**
Richland Group Fellowship Hall
1924 Saint Richland
- 2:30 p.m. **Time Out (Women Only) (O, HC)**
Tri-City Alano Club
102 E Kennewick Kennewick
- 5:00 p.m. **Happy Hour (C)**
Richland Group Fellowship Hall
1924 Saint Richland
- 5:30 p.m. **Happy Hour (Newcomers, O, HC)**

- Tri-City Alano Club
102 E Kennewick Kennewick
- 7:00 p.m. **Turning Point (O)** BN last Monday
Center for Positive Living
210 E 3rd Kennewick
- 8:00 p.m. **Monday Beginners (C, HC)**
Tri-City Alano Club
102 E Kennewick Kennewick
- 8:00 p.m. **Richland Group Fellowship Hall (SS,O)**
1924 Saint, Richland Kennewick
- 10:00 p.m. **Last Call for Serenity (O, HC)**
Tri-City Alano Club
102 E Kennewick Kennewick

Tuesday

- 7:00 a.m. **Up For Sobriety (O, HC)**
Tri-City Alano Club
102 E Kennewick Kennewick
- 8:30 a.m. **Early Birds (C, HC)**
Tri-City Alano Club
102 E Kennewick Kennewick
- 8:30 a.m. **For This Day (O)**
Richland Group Fellowship Hall
1924 Saint Richland
- Noon **Kennewick Nooners (O, HC)**
Tri-City Alano Club
102 E Kennewick Kennewick
- Noon **Richland Nooners (O)**
Richland Group Fellowship Hall
1924 Saint Richland
- Noon **Conscious Contact (C)**
Knights of Columbus / Moose Lodge
2617 Sylvester Street Pasco
- 5:00 p.m. **Happy Hour (C)**
Richland Group Fellowship Hall
1924 Saint Richland
- 5:30 p.m. **Happy Hour (C, HC)**
Tri-City Alano Club
102 E Kennewick Kennewick
- 7:00 p.m. **There is a Solution (C HC)** (BN last Tues)
Kennewick Baptist Church
(Yth Grp Rm-142, Main Floor)
- 7:00 p.m. **§ The Steps We Took (O, BB)**
"Session #1 every 1st Tuesday"
Held in the Alano Club cafeteria
(meeting contact 509-780-1058)
- 8:00 p.m. **Sunlight of the Spirit (O, HC)**
Tri-City Alano Club
102 E Kennewick Kennewick
- 8:00 p.m. **Richland Group Fellowship Hall (O)**
1924 Saint Richland
- 8:00 p.m. **Kennewick Men's Stag (C, HC)**
First Lutheran Church (Room 8)
418 N Yelm Kennewick
- 10:00 p.m. **Last Call for Serenity (O)**
Tri-City Alano Club

- 102 E Kennewick Kennewick

Wednesday

- 7:00 a.m. **Up For Sobriety (O, HC)**
Tri-City Alano Club
102 E Kennewick Kennewick
- 8:30 a.m. **Early Birds (C, HC)**
Tri-City Alano Club
102 E Kennewick Kennewick
- 8:30 a.m. **For This Day (O)**
Richland Group Fellowship Hall
1924 Saint Richland
- Noon **Kennewick Nooners (O, HC)**
Tri-City Alano Club
102 E Kennewick Kennewick
- 12:00 p.m. **Richland Nooners (O)**
Richland Group Fellowship Hall
1924 Saint Richland
- 2:30 p.m. **Time Out (Women Only) (O, HC)** BN Last Wed.
Tri-City Alano Club
102 E Kennewick Kennewick
- 5:00 p.m. **Happy Hour (C)**
Richland Group Fellowship Hall
1924 Saint Richland
- 5:30 p.m. **Happy Hour (C, HC)**
Tri-City Alano Club
102 E Kennewick Kennewick
- 7:00 p.m. **Pig Boys (Stag) (C)**
St Joseph's Church (Old Church)
520 S Garfield St Kennewick 1st
- 7:00 p.m. **A New Freedom (O, HC)**
1st night is Brat night, come early for Brats
7th Day Adventist Church
605 N Rd 36 & Sylvester, Pasco
- 7:00 p.m. **Ball Rolling Step Sisters (Women Only)**
Lotus of the Moon, Uptown Plaza (C)
1386 Jadwin Ave Richland
- 8:00 p.m. **Midweekers (O, HC)**
Tri-City Alano Club
102 E Kennewick Kennewick
- 8:00 p.m. **Richland Group Fellowship Hall (BB,O)**
1924 Saint Richland
- 10:00 p.m. **Last Call for Serenity (O, HC)**
Tri-City Alano Club
102 E Kennewick Kennewick

Thursday

- 7:00 a.m. **Up For Sobriety (O, HC)**
Tri-City Alano Club
102 E Kennewick Kennewick
- 8:30 a.m. **Early Birds (C, HC)**
Tri-City Alano Club
102 E Kennewick Kennewick
- 8:30 a.m. **For This Day (O)**
Richland Group Fellowship Hall
1924 Saint Richland
- Noon **Kennewick Nooners (O, HC)**
Tri-City Alano Club
102 E Kennewick Kennewick
- Noon **Richland Nooners (O)**
Richland Group Fellowship Hall

- 1924 Saint Richland
- 5:00 p.m. **Happy Hour (BB, C)**
Richland Group Fellowship Hall
1924 Saint Richland
- 5:30 p.m. **Happy Hour (C, HC)**
Tri-City Alano Club
102 E Kennewick Kennewick
- 7:00 p.m. **Hilltoppers (O)**
First Lutheran Church
418 N Yelm Kennewick
- 8:00 p.m. **Thursday Night Step Study (SS, O, HC)**
Tri-City Alano Club
102 E Kennewick Kennewick
- 8:00 p.m. **Richland Group Fellowship Hall (O)**
1924 Saint Richland
- 8:00 p.m. **How It Works (O, HC)** BN Last Thurs.
First Baptist Church
1107 Wright Richland
(enter around back, corner Richmond/Raleigh)
- 10:00 p.m. **Last Call for Serenity (O, HC)**
Tri-City Alano Club
102 E Kennewick Kennewick

Friday

- 7:00 a.m. **Up For Sobriety (O, HC)**
Tri-City Alano Club
102 E Kennewick Kennewick
- 8:30 a.m. **Early Birds (C, HC)**
Tri-City Alano Club
102 E Kennewick Kennewick
- 8:30 a.m. **For This Day (O)**
Richland Group Fellowship Hall
1924 Saint Richland
- Noon **Kennewick Nooners (O, HC)**
Tri-City Alano Club
102 E Kennewick Kennewick
- Noon **Richland Nooners (O)**
Richland Group Fellowship Hall
1924 Saint Richland
- 2:30 p.m. **Time Out (Women Only) (O, HC)**
Tri-City Alano Club
102 E Kennewick Kennewick
- 5:00 p.m. **Happy Hour (C)**
Richland Group Fellowship Hall
1924 Saint Richland
- 5:00 p.m. **Back To Life (O)**
Benton REA Bldg
6095 W Van Giesen West Richland
- 5:30 p.m. **Happy Hour (C)**
Tri-City Alano Club
102 E Kennewick Kennewick
- 6:00 p.m. **Live and Let Live (C HC)**
Richland Lutheran Church
901 Van Giesen St. Richland
- 6:30 p.m. **Speakers Meeting (O)**
Richland Group Fellowship Hall
Meeting ONLY 2nd Fri. of Month
1924 Saint Richland
- 8:00 p.m. **Celebrating Sobriety (O, HC)** BN Last Fri.
Tri-City Alano Club

- 102 E Kennewick Kennewick
- 8:00 p.m. **Richland Group Fellowship Hall (O)**
1924 Saint Richland
- 10:00 p.m. **Last Call for Serenity (O, HC)**
Tri-City Alano Club
102 E Kennewick Kennewick

Saturday

- 7:00 a.m. **Up For Sobriety (O, HC)**
Tri-City Alano Club
102 E Kennewick Kennewick
- 8:30 a.m. **Early Birds (C, HC)**
Tri-City Alano Club
102 E Kennewick Kennewick
- 8:30 a.m. **For This Day (O)**
Richland Group Fellowship Hall
1924 Saint Richland
- 9:00 a.m. **§ Back To Basics Big Book Study (BB, O)**
1st Lutheran church (Room #1)
SR 395 and Yelm Kennewick
- 10:30 a.m. **Richland Group Fellowship Hall (O)**
1924 Saint Richland
- Noon **Kennewick Nooners (O, HC)**
Tri-City Alano Club
102 E Kennewick Kennewick
3rd Sat of the month is Speakers Mtg
- 3:00 p.m. **One Day At A Time (O)**
Pasco Christian Church
1524 W Marie St, Pasco (ph. 509-851-2408)
- 5:30 p.m. **Happy Hour (C, HC)**
Tri-City Alano Club
102 E Kennewick Kennewick
- 7:30 p.m. **Saturday Night Live (O, HC)**
Tri-City Alano Club
102 E Kennewick Kennewick
- 8:00 p.m. **Old Juicers (O)** BN 3rd Sat.
Richland Group Fellowship Hall
1924 Saint Richland
- 10:00 p.m. **Last Call for Serenity (O, HC)**
Tri-City Alano Club
102 E Kennewick Kennewick
- KEYS:** **O/C:** (Open/Closed Meeting)
BB/SS/TT: (Big Book Study/Step Study/Traditions Study)
BN: (Birthday Night.)
HC: (Handicap Accessable)
H of H (Hard of Hearing, Audio Amplification)
§ Recent changed meetings

§ MEETING CANCELLED Friday 6:00 p.m.
"New Beginnings"Connell Meeting. United Methodist Church,
104 S Burke Ave., Connell, WA

Phone Numbers

COMMITTEE MEETINGS

- § **CENTRAL OFFICE MEETING:** 2nd Saturday each month, First Lutheran Church, 418 N. Yelm, Kennewick 10:45am—11:45am
- § **DISTRICT COMMITTEE MEETING:** 2nd Saturday each month, First Lutheran Church, 418 N Yelm, Kennewick, 11:45am—12:30pm
- § **CORRECTIONS:** 3rd Thursday, each month, Richland Group Fellowship Hall, 1924 Saint , Richland, 6:45pm
- § **ARCHIVES:** Please call 509-942-8625 for meeting time
- TREATMENT COMMITTEE:** 2nd Thursday, each month, Alano Club, 6:45pm
- § **ANSWERING SERVICE:** 1st Thursday, each month, First Lutheran Church, 418 N Yelm, Kennewick, 7pm
- SPECIAL EVENTS:** Questions or suggestions, please contact the committee chair email: secchair@yahoo.com
- § **SPECIAL NEEDS SERVICES:** Every 1st Wednesday of the month, 6pm, 504 Stanley Street, Richland
- CPC/PI COMMITTEE:** Last Wednesday of the month, Richland Group Fellowship Hall, 1924 Saint, Richland, 6:15pm
- § **INFORMATION SERVICES:** Please contact the committee chair email: stelmack@nwlink.com

www.3citiesaa.org

www.3citiesaa.org



**GREATER TRI-CITIES AREA
CENTRAL OFFICE**
102 E. Kennewick Ave.
P.O. Box 6675, Kennewick, WA 99336
A.A. Central Office – 509-582-6761
A.A. Hotline 509-735-4086
Central Office Hours of Operation:
Monday -Thursday
11:30 am–1:30 pm and 6:00–8:00 pm
Friday 11:30 am–1:30 pm
§ **Saturday** 11:00 am– 1:00 pm
Sunday – Closed or by appointment

For up to date information, directions and maps, check the Greater Tri-City Area Website:

AA Preamble

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions.

A.A. is not allied with any sect, denomination, politics, organization, or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

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The Serenity Prayer

GOD, Grant me the Serenity to accept the things I cannot change, the Courage to change the things I can, and the Wisdom to know the difference.

Updated **01/17/19**

How It Works

Rarely have we seen a person fail who has thoroughly followed our path. Those who do not recover are people who cannot or will not completely give themselves to this simple program, usually men and women who are constitutionally incapable of being honest with themselves. There are such unfortunates. They are not at fault; they seem to have been born that way. They are naturally incapable of grasping and developing a manner of living which demands rigorous honesty. Their chances are less than average. There are those, too, who suffer from grave emotional and mental disorders, but many of them do recover if they have the capacity to be honest.

Our stories disclose in a general way what we used to be like, what happened, and what we are like now. If you have decided you want what we have and are willing to go to any length to get it - then you are ready to take certain steps.

At some of these we balked. We thought we could find an easier softer way. But we could not. With all the earnestness at our command we beg of you to be fearless and thorough from the very start. Some of us have tried to hold on to our old ideas and the result was nil until we let go absolutely.

Remember that we deal with alcohol - cunning, baffling, powerful! Without help it is too much for us. But there is one who has all power - that one is God. May you find Him now!

Half measures availed us nothing. We stood at the turning point. We asked His protection and care with complete abandon.

Here are the steps we took, which are suggested as a program of recovery:

1. We admitted we were powerless over alcohol - that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God, as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to

alcoholics and to practice these principles in all our affairs.

Many of us exclaimed, "What an order! I can't go through with it." Do not be discouraged. No one among us has been able to maintain anything like perfect adherence to these principles. We are not saints. The point is, that we are willing to grow along spiritual lines. The principles we have set down are guides to progress. We claim spiritual progress rather than spiritual perfection.

Our description of the alcoholic, the chapter to the agnostic, and our personal adventures before and after make clear three pertinent ideas:

- (a) That we were alcoholic and could not manage our own lives.
- (b) That probably no human power could have relieved our alcoholism.
- (c) That God could and would if He were sought.

The 12 Traditions

1. Our common welfare should come first; personal recovery depends upon AA unity.
2. For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants, they do not govern.
3. The only requirement for AA membership is a desire to stop drinking.
4. Each group should be autonomous except in matters affecting other groups or AA as a whole.
5. Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.
6. An AA group ought never endorse, finance or lend the AA name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.
7. Every AA group ought to be fully self-supporting, declining outside contributions.
8. Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
9. AA, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
10. Alcoholics Anonymous has no opinion on outside issues; hence the AA name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

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